



## **Shabeda Shaw**

MSW, RSW

**Social Worker**

Shabeda is a Registered Social Worker with The College of Social Workers & Social Service Workers and holds a Master's degree from York University.

A passionate mental health & social justice advocate, Shabeda thrives in her purpose to support the healing process. Working from an intersectional, strengths based, & trauma informed lens, Shabeda has worked in a variety of settings such as supporting families experiencing intimate partner violence, advocating & securing housing supports for adults with serious mental health, and ongoing service navigation collaborations to support local community initiatives as examples.

Shabeda is dedicated to holistic practices to support the human experience, such as recognizing the integration and balance of a client's mind, body, heart, and soul in her work. She acknowledges the power in honouring a client's agency, with dignity and respect, while holding space to support safety, mindfulness, compassion, & non-judgment in their healing journey.

