



## **Sana Mahmood**

MSN, NP-PhC

**Nurse Practitioner**

Sana brings 10+ years of nursing experience to her advanced role as a Nurse Practitioner. She has experience in providing care to patients in acute in-hospital and community-based settings such as primary care physician offices, family health teams, Nurse Practitioner Led-Clinics (NPLC), and Aboriginal Health Access Centres. Her background in primary care has focused on primary prevention, health and wellness across all ages, mental health, and women's health with a special interest in perimenopause & menopause management. In addition, she has a special interest in care of older adults and early approach to palliative care in the community.

Sana completed a Master of Science in Nursing in combination with the Primary Care Nurse Practitioner Certification at McMaster University in Hamilton.

She went on to successfully complete certifications in MINT Memory clinic, LEAP Palliative Care, Integrated Chronic Disease Management and Prevention, presented by the TEACH Project at Centre for Addiction and Mental Health, Palliative Care and Excelling in the Care of Older Adults by University of Toronto.

