



Nausheen Ahmed

MACP, Registered Psychotherapist

Assessment Clinician, OSP

Nausheen has over 7 years experience working in a multitude of healthcare and community care settings such as hospitals, clinics, helplines, and shelters.

She has a strong interest in transdisciplinary and transdiagnostic approaches to cater to the mental health needs of our community.

Nausheen also has experience working with children, youth, adults and elderly facing a wide range of mental and medical concerns.

