



## **Dr. Sophia Roth**

Ph.D., C.Psych

**Psychologist – Clinical Consultant  
& Equity Lead**

Dr. Sophia Roth, Ph.D., C.Psych. (they/them) is a clinical psychologist at CarePoint Health where they serve as a Clinical and Equity Consultant. In this role, they provide clinical consultation to therapists within the Ontario Structured Psychotherapy program and conduct individual and group cognitive behavioural therapy (CBT).

Dr. Roth completed their Ph.D. in Clinical Psychology at McMaster University and went on to complete their predoctoral internship with London Health Sciences and the University of Western Ontario. Dr. Roth has research interests in youth mental health and minority stress and clinical interests in the assessment and treatment of anxiety disorders.

