



Le Tran

MSW, RSW

Social Worker

Le is a Registered Social Worker with experience working at women's shelters, school boards, foster care, community centre, and child protection services.

Prior to working at CarePoint Health, Le worked with clients with persistent and complex mental health issues and substance abuse concerns. She is equipped with skills and knowledge to address the physical, psychological, emotional, and social needs of diverse clients. Le has been able to form collaborative therapeutic relationships with clients and work with them from an anti-oppressive and trauma-informed framework.

Le is passionate about making a positive contribution to the lives of all members in our community. She truly believes in supporting individuals through client centered care and helping them achieve optimum health and quality of life. In her practice, she utilizes multiple therapeutic techniques including motivational interviewing, solution-focused therapy and cognitive behavioural therapy.

