



Alli Chin

MSW RSW

Social Worker

Alli is a Registered Social Worker holding a Master of Social Work from the University of Toronto. She brings experience working in primary care, community mental health, and post-secondary environments.

Prior to CarePoint Health, she worked at McMaster University and Queen Square Family Health Team. She supports youth and adults with a variety of mental health concerns including depression, anxiety, stress, life transitions, and self image. She is passionate about the connection between mental and physical health, and welcomes concerns around pain, health anxiety, and chronic disease management.

Alli supports patients from a collaborative and flexible approach. Pulling from a variety of therapy models, including CBT, DBT, ACT, and Mindfulness, Alli works with patients to develop sustainable skills and strategies to support their mental health goals. She aims to establish knowledge in patients to empower them to improve their lives.

