



Farrah Khan

MSc

Health Promoter

Farrah is passionate about holistic wellness and is dedicated to promoting healthier lifestyles. With a strong background in health education and community engagement, she brings a wealth of knowledge and enthusiasm to the team.

Farrah holds a Master of Science in Sexual and Reproductive Health and a Bachelor of Science in Health Studies (with a minor in Psychology). She specializes in harm reduction, sexual health, mental health, disease prevention, physical activity, supporting marginalized populations, and health advocacy. Farrah with her specialized expertise, focuses on applying her deep understanding of the social determinants of health and their impact to health promotion initiatives for our community.

Farrah is driven by her goals of empowering patients and advocating for health equity for all. She believes in the power of education through interactive workshops, seminars, virtual campaigns and community outreach to foster positive behavior change and improve overall well-being. Her approach is inclusive, compassionate, and culturally sensitive, ensuring that everyone has access to the resources and support they need to thrive.

