



Cancer Screening Clinic

Frequently Asked Questions

1. Why should I get screened for cancer?

Regular cancer screening, even without symptoms, is the most effective way to detect cancer at an early stage and increase the likelihood of successful treatment or potential cure.

2. What cancer screenings are available at CarePoint Health? Which tests do I need?

Cancer screening is available for:

- Breast Cancer (ages 50-74)
- Colorectal Cancer (ages 50-74)
- Cervical Cancer (ages 21-70)

Colorectal Cancer Screening:

- Men and women between the ages of 50 and 74 who have not had a fecal immunochemical test (checks for tiny amounts of blood in your stool) in the last two years.
- Men and women over the age of 75 years of age.
- Men and women who are high risk as determined by someone in your family (parent, sibling, or child) has or had colorectal cancer.

Breast Cancer Screening:

- Women between the ages of 50 and 74 who have not been had a mammography (a type of x-ray) in the last two years.
- Women over the age of 75 years of age.
- Women between the ages of 30 and 69 who have been identified as high risk for breast cancer and should have a yearly mammogram.



Cervical Cancer Screening

- Women, transmasculine and non-binary people with a cervix who is or has been sexually active and have not had a Pap test (detects cell changes in the cervix) within the last 3 years starting at age 21 until age 70.
- Pap tests can stop at age 70 if you have had three or more normal tests in the past 10 years.

To learn more about your risk for cancer, go to MyCancerIQ at Cancer Care Ontario <https://www.mycanceriq.ca/>.

3. What can I expect from my telephone appointment with the nurse practitioner?

The nurse practitioner will ask you a number of questions about your health, age and family history in order to understand your risk for cancer. This will help in determining what type of cancer screening test(s) is suitable for you. The nurse practitioner will then order the tests once you provide consent.

4. How do I book an appointment with the nurse practitioner?

You can book your telephone appointment by:

- visiting the [CarePoint Health Cancer Screening Clinic webpage](#)
- visiting carepointhealth.ca
- calling us at 905-362-3508

The booking link requires all information to be completed. If you do not have a Health Number, please enter your birth date in this box as year/month/day. You will still be required to enter your birth date in the next box called Birth Date. This information is required to assist us in identifying you and ensuring your unique patient information is kept safe.



5. Are there any costs associated with cancer screening at CarePoint Health?

There is no cost associated with the telephone appointment with the nurse practitioner at CarePoint Health. There may be costs associated with the cancer screening test, if you do not have health insurance coverage through the Ontario Health Insurance Plan (OHIP) or the Interim Federal Health Program (IFHP).

6. How do I prepare for my telephone appointment with the nurse practitioner?

At the time of your telephone appointment, please ensure that you are in a private and quiet space, so you can share your health information confidentially with the nurse practitioner. If you have medical records or documents that can help provide information to your health history, have these ready and available for the telephone call. If you have specific questions for the nurse practitioner, try to have these prepared prior to the telephone appointment.

7. How do I find my test results?

The nurse practitioner will receive the results of the cancer screening test(s) that they ordered. If your results require further discussion with you, the nurse practitioner will reach out and request a follow-up appointment. If your results are normal, you will not require any follow-up appointments with the nurse practitioner. You may receive a letter from Cancer Care Ontario informing you of your normal result(s).

If you are concerned and wish to know your results, even if they are normal, please make this request to the nurse practitioner at the time of the telephone appointment.