



Adriane Wong

PT, B.Sc.PT

Registered Physiotherapist

Adriane is an enthusiastic and caring registered physiotherapist with over 22 years of experience, primarily in the field of musculoskeletal injuries and orthopaedic conditions such as sprains and strains, back and neck pain, neuropathies, post-operation and fracture rehabilitation, workplace and motor vehicle accident injuries, dizziness, and arthritis.

Using a combination of hands-on skills, personalized exercise prescription, and clinical expertise, Adriane's aim is to assist patients of all ages with resolving pain, achieving better mobility, returning to work or sports, improving posture, and helping to achieve personal wellness goals.

Adriane received her Physiotherapy degree from McGill University in 2000 and has completed extensive post-graduate courses in orthopedics/manual therapy, acupuncture and dry needling, McKenzie, Mulligan, myofascial release, muscle energy, soft tissue release, Orthopaedic Division levels, Advanced Physical Therapy Education Institute (APTEI), Acupuncture Foundation of Canada Institute (AFCI), Fit Fore Golf, cupping, taping techniques, orthotics assessment, vestibular rehabilitation, and chronic pain management.

As a committed life-long learner, Adriane is particularly interested in general health promotion and self-empowerment to produce restoration of function and an active lifestyle.

