

Diwany Selvarasa MSW, RSW

Social Worker

Diwany is a Registered Social Worker who completed her Master of Social Work degree from the University of Windsor. Diwany has experience working with adults, children, and youth facing various mental health challenges within the context of non-profit agencies and school boards. She has extensive experience with supporting survivors of intimate partner violence and those experiencing relationship conflict.

Working from a strengths-based, trauma-informed lens, Diwany utilizes a range of therapeutic modalities to provide inclusive supports. She strives to provide a safe, welcoming, and judgement-free environment that fosters healthy exploration of challenges and barriers. Diwany utilizes an intersectional approach when working towards therapeutic goals and provides practical tools to build resiliency.

