



Sanja Juric

RD, CDE, MSc

Registered Dietitian

Sanja is a Registered Dietitian and Certified Diabetes Educator who is passionate about helping all patients reach their health potential. She applies a compassionate, evidence-based and patient-centred approach to all her interactions to help ensure that patients receive the best nutrition care possible.

In her role as a dietitian, Sanja's interests include chronic disease management such as heart disease, prediabetes, type 2 diabetes, as well as disordered and emotional eating, digestive health, healthy pregnancy, senior nutrition, and much more. Sanja brings with her a wealth of experience in working with individuals across the lifespan and particularly individuals experiencing social and health complexities. She incorporates her knowledge and passion for food and cooking into her patient interactions.

Prior to joining CarePoint Health, Sanja worked in family health team settings as the sole primary care dietitian and more recently, as a diabetes educator at a community health centre. Sanja enjoys collaboratively working with patients to help them make sense of complex nutrition information, apply it to their unique life circumstances and translate it into positive health behaviour changes.

Sanja's educational background includes a BAsC in Food and Nutrition from Ryerson University (Toronto) and a MSc in Applied Human Nutrition from Mount Saint Vincent University (Halifax). She is an avid lifelong learner who enjoys expanding her professional development, clinical expertise, and skillset. Sanja has many years of experience and a particular interest in precepting dietetic interns (dietitians in training).

