

Sana Mahmood

MSN, NP-PhC

Nurse Practitioner



Sana brings 9 years of nursing experience to her advanced role as a Nurse Practitioner. She has experience in providing care to patients in acute in-hospital and community-based settings such as primary care physician offices, family health teams, Nurse Practitioner Led-Clinics (NPLC) and Aboriginal Health Access Centres. Her extensive nursing background has focused on post-operative surgery and discharge planning, nephrology, primary care, mental health, and care for First Nations individuals and families.

Sana has special interests in chronic disease management, women's health (including prenatal and postnatal care), care of older adults and palliative care. She is also able to provide care in additional areas such as diabetes and hypertension management, pediatrics, immunizations, preventative health screening, suturing and wound management, and travel medicine.

Sana completed a Master of Science in Nursing in combination with the Primary Care Nurse Practitioner Certification at McMaster University. She went on to successfully complete certifications in Integrated Chronic Disease Management and Prevention presented by the TEACH Project at Centre for Addiction and Mental Health, Palliative Care and Excelling in the Care of Older Adults by the University of Toronto.

Sana speaks Urdu, Hindi and Punjabi.

