



Dr. Euling Chong

PsyD, CPsych

Psychologist

Dr. Chong is a Clinical Psychologist registered with the College of Psychologists of Ontario. She received her Doctor of Psychology (Psy.D) in Clinical Psychology from the University of Melbourne, Australia and B.Sc. (Hons.) in Psychology and Exceptionality in Human Learning from University of Toronto.

Dr. Chong has over 15 years of experience practicing psychology in hospital and private practice settings in the Peel Region and has developed treatment programs for our culturally diverse patient population. In her role as a psychologist, she is honored to be able to help a wide variety of patients, both individually and through groups to improve the quality of their lives. She works with children, adolescents, adults, families and couples. She enjoys interacting with each patient and their families, helping them face daily challenges while fostering a safe environment.

She has been providing assessment and treatment to a wide range of major psychological problems such as chronic complex trauma, variety of mood and anxiety disorders, psychosis, personality disorders, chronic health and pain issues, childhood disorders, socioemotional, behavioural difficulties and emotional dysregulation. Dr. Chong incorporates various treatment modalities to meet the unique needs of each of her patients and their families. She uses play-based therapy in her assessment and treatment with children and has a special interest in mindfulness-based practice and compassionate care.

Dr. Chong values the collaborative approach to assessment, consultation and treatment, working inter-professionally and with the primary care team to provide quality care to patients in a holistic and seamless manner. She believes in working together to build a healthier community and giving back to our community. Helping people has been her lifelong passion.

Everyone should have the right to access, not just physical healthcare but quality mental health care in an affordable manner, and this has been her guiding principle in her work as a psychologist.

