

Parent Support Services

Mental Health

Peel Children's Centre

<http://www.peelcc.org/>

- ▶ Central intake for children and adolescent mental health services in Peel
- ▶ See the Service Menu for the comprehensive list of services (which include individual counselling, family support, groups, psychological and psychiatric services)

24/7 Crisis Response Service: (416) 410-8615

24 hours a day, 7 days a week, 365 days a year (including holidays)

Serving children, youth and families in Peel Region (Brampton, Caledon and Mississauga)

[WhereToStart.ca](http://www.wheretostart.ca): Access to Mental Health Services for Children and Youth

(905) 451-4655

Call this number to access service at these six agencies:

- ▶ Associated Youth Services of Peel
- ▶ Nexus Youth Services
- ▶ Peel Children's Centre
- ▶ Rapport Youth & Family Services
- ▶ Trillium Health Centre - Child and Adolescent Mental Health Services
- ▶ William Osler Health System - Mental Health Services for Children and Adolescents

Learning Disabilities & ADHD

Learning Disabilities Online

<http://www.ldonline.org>

A fabulous resource!! Lots of information on a variety of topics related to learning, attention, social skills, behaviour and academics.



Learning Disabilities Association of Ontario

<http://www.ldao.ca/>

Peel region chapter:

LDA Peel Region

www.ldapr.ca

info@ldapr.ca

(905) 272-4100

Resources, articles & local programming/support:

- ▶ Information and resources for LD and ADHD for students and parents
- ▶ Online resources and link to other services
- ▶ Individual, group and summer camps
- ▶ Workshop for parents, online services and support , tutoring services

Integra

<http://www.childdevelop.ca/programs/integra-program>

Serves the city of Toronto and the Camp Towhee program accepts children and youth from throughout Ontario. Provides the following family-centred, evidence-informed, direct clinical services to children and youth ages 8 to 18:

- ▶ Psychological consultation to understand the child's learning profile
- ▶ Individual, parenting and family therapy or counselling
- ▶ SNAP program
- ▶ Triple P Positive Parenting Group Program
- ▶ Integra Mindfulness Martial Arts (MMA) (ages 12 to 18 years)
- ▶ Integra Young Warriors (ages 9 to 11 years)
- ▶ Integra Social ACES Group Program
- ▶ Towhee Summer Residential Program

Canadian ADHD Resource Alliance (CADDRA)

<http://www.caddra.ca>

Shoniker Clinic:

<https://www.shn.ca>

416-281-7301

Specializes in Children with ADD/ADHD. Located at 2877A Ellesmere Rd., Scarborough, Ontario M1E 4C1.



Autism Spectrum Disorder (ASD)

Erinoak Kids

<https://www.erinoakkids.ca>

- ▶ Autism Services
- ▶ Communication Services
 - Auditory Verbal Therapy and American Sign Language Instruction
 - Speech and Language Services
 - Communication Checkup
- ▶ Infant Hearing Screening
- ▶ Infant Hearing Services
- ▶ Medical Services
- ▶ Occupational Therapy
- ▶ Physiotherapy
- ▶ Vision Services

A client must be receiving at least one core service (listed above) to access the following additional services through an internal referral process initiated by clinicians on a child's Erinoak Kids service team:

- ▶ Assistive Devices Resource Service
- ▶ Behaviour Consultation Services
- ▶ Drama Services (through DramaWay)
- ▶ Early Childhood Resource Services
- ▶ Independent Living Program
- ▶ Music Therapy (through Music4Life)
- ▶ Nursing Services
- ▶ Recreation Therapy
- ▶ Respite Services
- ▶ Service Navigation
- ▶ Social Work Services
- ▶ Special Services at Home
- ▶ Specialty Clinics
- ▶ Summer Therapy Programs
- ▶ Transitions Services

Kinark Children and Youth Services

<https://www.kinark.on.ca>

Call Central Intake: 1-888-454-6275

- ▶ Child and Youth Mental Health Services
 - Counselling and therapy
 - Family/caregiver support
 - Assessment
- ▶ ASD support **1-800-283-3377**
 - ABA
 - Parent support and education
 - Telehealth Mental Health and ASD Assessment





The Etobicoke Children's Centre

(416) 240-1111

ecc@etobicokechildren.com

ASD and Mental Health support

June 2020

Your integrated care centre.

2695 North Sheridan Way, Suite 120 Mississauga, Ontario L5K 2N6
(905) 362-3508 • carepointhealth.ca

